

Statement of Purpose 

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1. Purpose, Ethos, and Core Aims:

Transitions Supported Living is based in Gloucestershire and provides accommodation and support for children in care and care leavers ages 16+ (can be extended past 18 to accommodate a planned transition to independent living). Transitions was founded in 2013 by Ginna Cox who is a qualified Social Worker and Best Interest Assessor, who wants to provide a high-quality service for young people in and around Gloucestershire.

Our objective is to provide a smooth journey through care to full independence. The service promotes physical, spiritual, mental, and emotional well-being, community integration and appropriate self-determination. We aim to provide a service that offers the young person continuity of care and support, with the right accommodation and support at the right time. Transitions facilities will enable the young person to navigate their care journey with us from 16+.

Transitions offer a wraparound service to young people with medium to high support needs, who may require additional support in relation to:

- **Mental health**
- **Substance misuse**
- **Emotional and behavioural difficulties**
- **Self-care and independence skills**
- **Education, employment and training**
- **Community integration**

At Transitions we aim to support local authorities in their duty to safeguard & promote the welfare of young people looked after and leaving care, by providing sufficient accommodation that meets the needs of looked after young people, thus ensuring improved outcomes for this vulnerable group. Transitions share the vision of:

Right Placement > Right Place > Right Time

We share the belief that this is a vital factor in improving placement stability, which in turn is a critical success factor in relation to better outcomes for looked after young people and those making the transition from care.

2. Categories of Supported Accommodation:

We provide two types of accommodation:

- **High-Support Houses/Shared Accommodation:** Designed for young people requiring greater levels of supervision and support.
- **Medium Support Training Flats/Sole Occupancy:** For young people who are transitioning towards independence but still benefit from some oversight.

3. Services Provided:

Our services are tailored to meet the needs of looked-after young people and care leavers, including:

- **Safe and comfortable accommodation** with 24/7 support in high-support houses and medium support in training flats (access to 24/7 emergency line for all young people)
- **A long history of working with complex issues** such as exploitation (CSE, Gang, criminal), mental health, trauma, self-harm etc. On site substance misuse officer available and access to other services if needed
- **Emotional and Practical support** to ensure independent skills are developing, celebrating all achievements and milestones big or small, such as; cooking, personal hygiene, healthy routines, conflict resolution, money management, access to volunteering opportunities and much more
- **Access to our own independence programme** which has been developed over 10 years with new materials and activities regularly added.
- **Access to our training academy** to achieve recognised training qualifications that are COD accredited and can be added to CVs for a higher employability factor for young people
- **Assistance with accessing education, training, and employment opportunities**, with monthly guests from different providers/employers coming out
- **Support with community integration** and developing social networks, creating inhouse opportunities for positive peer interaction
- Partnership with local boxing gym allowing all young people placed access to a 1-1 coach for self-esteem, anger management and general health needs

4. Characteristics of Children Supported:

Our service is designed for looked-after young people and care leavers aged 16-18, who are either preparing to transition from care or who require a more structured environment as they move towards independent living. We accommodate young people from diverse backgrounds, providing personalized support based on individual needs such as:

1. **Emotional and Behavioural Difficulties:** Many have experienced trauma, leading to emotional dysregulation, attachment issues, and challenging behaviours like aggression or self-harm.
2. **Mental Health Issues:** Common issues include depression, anxiety, PTSD, and developmental disorders like ADHD or autism.
3. **Educational Disengagement:** Disrupted education and low self-esteem can lead to disengagement from learning and a need for additional support.
4. **Social and Relationship Struggles:** These young people may have trust issues, struggle with peer relationships, or face social isolation.
5. **Risk of Exploitation:** They are often vulnerable to exploitation, including grooming, gang involvement, or risky relationships.
6. **Instability:** Multiple placements moves and family breakdowns contribute to feelings of instability and insecurity.
7. **Substance Abuse and Risky Behaviours:** Some may engage in substance misuse or criminal activity as coping mechanisms.
8. **Life Skills Deficits:** They often lack the skills for independent living, such as budgeting, cooking, and managing daily routines.
9. **Health Concerns:** Neglect of personal care, unaddressed physical health issues, and poor decision-making are common.

The young people we work with are given tailored support to develop emotional stability, independence, and life skills.

5. Facilities Provided:

- 24/7 staffed high support provision for young people 16yrs +.
- Training Flats with floating support for young people 17yrs + who are deemed ready to transition from 24/7 high support.

There is an expectation that all new referrals spend time in our high support accommodation, for a period of assessment. This enables Transitions staff, and the young persons, to determine the young person level of independence skills, and ensure the right long-term support and accommodation need is identified.

All our 16+ accommodation and support services:

- Accept emergency referrals, alleviating the need to use unsuitable temporary accommodation.
- Assess the young person's baseline support needs and create an Individual Support Plan to assist their development.
- Work with the young person's social worker/personal advisor to develop a clear and relevant pathway plan.
- Set clear boundaries about behaviour to ensure that young people are kept safe.

Each house has WIFI and access to Netflix in communal lounges. Bedrooms come equipped with:

- Bed and new bedding
- Wardrobes, chest of drawers and bedside drawers and lamp
- Desk
- Mirror
- LED Lighting

Each young person receives a welcome pack with essential items such as toothbrush, towel and a toilet roll.

6. Organizational Structure and Staffing:

<p>DIRECTOR: Ginna Cox Nominated Person</p>
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<p>DIRECTOR: Jodie Cox Registered Manager</p>
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<p>Management: Claire Hollick/Upton Team Leader</p>
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<p>Management: Cathal Lynch Designated Safeguarding Lead</p>

<p>Management: Team Leader/Elmira</p>
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Management:
Chaz Fox
Substance Misuse /Senior Lead

Management:
Stacey Evans
Business Support Officer

Support Staff:
Bogdan Serban, Zoe Cooke, Alex
Hughes, John Mason, Lizzie
Ogundana, Leighanna Mills

Our organisational structure is designed to ensure both the safety and the development of young people in our care.

- Ginna (NI) has extensive experience as a local authority team manager and has shaped, managed and developed a wide range of services for children in care and young people. Ginna's 25 years of experience includes working in substance misuse, youth homelessness, and the public and private sector.
- Jodie (RM) first joined Transitions as a support mentor in 2015 after working in secretarial roles within the legal field, NHS and social housing. Jodie quickly realised she had a strong passion for advocating for young people and gained experience as a support worker delivering hands on support to young people at Transitions, before being developed from a senior into a team leader, eventually going on to manage the service and recently being made Director. Jodie has a level 3 NVQ in business and administration, has recently completed a level 5 in management and leadership and plans to complete the level 7 in management and leadership (masters).

Ginna and Jodie are assisted by a core team of professionals, with a wide range of experience and qualifications, to deliver an effective quality service to young people who are placed with Transitions. All members of staff hold qualifications specific to their area of work with young people. The minimum requirement for new members of staff joining Transitions is The Level 3 Diploma for Children and Young People's Workforce: Social Care pathway (England), or a commitment to work towards this qualification. All support mentors are expected to be suitably qualified and experienced in working with this service user group

Each member of Transitions team has an individual training plan identified to ensure continued professional development. All staff receive regular supervision both formal and informal by the managing director, or a senior member of the team.

Transitions Supported Living Ltd is committed to safeguarding and promoting the welfare of children and vulnerable adults and expects all staff to share this commitment. All posts at Transitions are subject to a standard or enhanced DBS check. The team includes experienced support workers, managers, and a designated safeguarding lead who is a qualified social worker. The safeguarding lead is currently pursuing a PhD focused on the radicalization and safeguarding of young people, which strengthens our safeguarding practices and policies. We have an in house substance misuse officer who has over 20+ years of experience working within the drug and alcohol services in Gloucestershire.

7. Ensuring Children's Rights and Involvement in Planning:

At Transitions Supported Living, we ensure that young people's rights and voices are at the heart of our service delivery. Support plans, and risk assessments are developed in partnership with the young people, ensuring their preferences, needs, and aspirations are fully considered in all decisions related to their care.

- **Empower Decision-Making:** We hold regular 'house meetings' to gather young people's input on day to day operations, policies and procedures, offering choices and advocating for their voice in decisions.
- **Collaborate on Care Plans:** Our young people are asked to sign every support plan and risk assessment monthly to ensure they have been directly involved in their plans each month. We ensure to use language they understand.
- **Respect Rights:** We promote care leavers rights, being in care, legal rights and practise being assertive within our independence programme. We ensure our young people can confidentially express themselves in a way they feel comfortable to
- **Gather Feedback:** We have a suggestions box in each house so young people can leave comments, compliments or complaints anonymously if they wish to do so, each suggestion box has copies of our official complaints process next to them, so they are readily accessible to the young people. We have a 'you asked we listened' section on our newsletters so young people can see how they shape our service regularly.
- **Involvement in Organisational Decisions:** Young People are often asked to vote. This can be something small each week such as what meal will be cooked at the weekly workshop, or bigger decisions such as planning the summer activity etc. Young people are always consulted when changes to the team take place.
- **Tailor Support:** We respect individual identity, culture, and needs in all aspects of planning.

8. Safeguarding Arrangements:

Our safeguarding approach is robust, with a designated safeguarding lead who holds advanced qualifications and expertise in the radicalization and safeguarding of young people. Staff members are trained in safeguarding procedures, including managing risks and responding to any concerns regarding the well-being of the young people.

1. **Clear Safeguarding Policies:** Transitions have robust safeguarding policies in place to protect young people from abuse, neglect, and exploitation. These policies align with statutory safeguarding guidance (e.g., *Working Together to Safeguard Children*).

2. **Staff Training and Vetting:** All Transitions staff undergo thorough background checks and receive regular training on safeguarding issues, including how to recognise signs of abuse or exploitation and respond appropriately. We have developed our own training academy that is CPD accredited meaning staff have instant access to any identified training needs. We access external Child Protection Training via GSCP (Gloucestershire Safeguarding Children Partnership). We have developed a good relationship with the safeguarding trainer from GCC who provides bespoke training directly to our team.

3. **Risk Assessments:** Regular risk assessments are carried out to identify any potential risks to young people's safety and well-being in their living environment. This includes assessing external risks like exploitation or involvement in gangs. We carry out regular reviews of our locality risk

assessments which are updated in conjunction with advice from our local PCSO's and crime statistics. All young people are expected to sign and agree to any risk assessments in place meaning our risk assessments are realistic and frequently discussed.

4. Reporting Mechanisms: There are clear procedures for reporting safeguarding concerns. Young people are aware how to report issues, and staff are trained to act swiftly in response to any concerns. Our DSL works in house, so all staff and young people are very familiar with who the safeguarding lead is and what they do. We also have a strong relationship with LADO, and we have clear reporting systems displayed around the home and office.

5. Support and Advocacy: Transitions ensure that young people have access to advocacy services, so they can raise concerns about their safety and well-being independently of the care staff, which is arranged through GCC. We champion young people expressing their views and this is reflected throughout our independence programme eg Having Your Say etc.

6. Regular Monitoring: Safeguarding procedures and practices are regularly reviewed and monitored to ensure they remain effective and compliant with national standards including being in line with Supported Accommodation 2023 standards and working together to safeguard children and young people.

9. Positive Outcomes for Children:

Our goal is to support young people in achieving positive outcomes, our support plans are based on the 5 outcomes of Every Child Matters. Positive outcomes include:

- Successful transitions to independent living.
- Improved emotional and mental well-being.
- Access to education, employment, or training.
- The development of practical life skills.

Our service aims to achieve positive outcomes for young people, including improved self-confidence, academic achievement, emotional well-being, and preparation for independent living.

In order to achieve these goals we will enable our mentors to support our young people through one to one support and key worker sessions. These will be recorded on our administration system – TAS and also evidence in young peoples independence folders, and further endorsed with the use of our 'milestones' document -this charts and measures both independence and social attainment. This monitoring is carried out at every contact we have with young people and subject to inspection by the placing authority. It also goes towards forming an information source for any review meetings.

We will always attempt to ensure our young people are in some form of education or training and work consistently to avoid any young people being NEET (not in education or training). Our expectations for ALL our young people mirrors that of the expected attainment of wider society and is also clearly outlined in their living agreement.

Stability and Security: Providing a stable and secure living environment for young people in supported accommodation can lead to improved well-being and a sense of safety. This stability is essential for their emotional and psychological development. We achieve this by providing consistent and reliable routines, schedules and living arrangements. Ensuring a safe and supportive living environment, free from the fear of violence, neglect, or abuse. We offer emotional support to enable young people to feel secure, confident and valued.

Healthy Relationships: Encouraging positive interactions with significant family, peers, and other support staff, supports the development of healthy relationships. Young people benefit from supportive and nurturing connections, which contribute to their social skills and emotional resilience.

Our staff are trained to identify signs of poor relationships that may negatively impact on our young people. This enables them to signpost young people to the relevant services (i.e., CAMHS, GDASS) to help develop good relationships and facilitate opportunities for young people to develop solid connections with positive adults, peers and social groups /societies.

We can achieve this by training and supporting our staff to create a culture of openness, empathy and respect with young people. Transitions promote integrity and ensure all young people and staff understand the meaning of this. These objectives are achieved through mentor contact, milestones programme, peer feedback, and organisational feedback which is recorded throughout our system (TAS).

Educational Support: We believe there is an education/training setting for each young person. We have made links with alternative education providers in Gloucester and often have guests come out to meet the young people in their home and share what they have on offer. We also facilitate home schooling for those more complex young people. We provide weekly NEET sessions in addition to regular key sessions for those currently NEET, and we provide volunteering opportunities by working with local organisations such as the city farm and allotment.

We collaborate with schools, colleges, and other organisations. All young people have access to our training academy which enables them to achieve accredited certificates that we use to build their CV and confidence. All Transitions young people are first aid trained and this adds to their feelings of achievements and equips them to be a useful member of society.

Emotional and Mental Health Support: Transitions staff are all mental health first aid trained, we also have self-harm and ligature training which we regularly refresh. We have strong knowledge of available resources and organisation young people can access such as counselling, therapy, and mental health services to help children cope with trauma, stress, and emotional difficulties. Teaching coping strategies, emotional regulation skills, and resilience-building techniques equips children to navigate life's challenges more effectively. We use interactive safety plans that have QR codes that take young people to relevant websites for support with mental health and coping strategies.

We can achieve this by ensuring that all our young people have access to a doctor, which in turn allows referral to emotional wellbeing professionals and further may allow access to CAMHS. We will try to assist our young people to develop emotional wellbeing through our mentoring support and key worker sessions. These strategies are recorded and monitored through our admin system TAS.

Life Skills Development: Teaching practical life skills such as budgeting, cooking, cleaning, and self-care empowers children to become more independent and self-sufficient. These skills are crucial for their transition to adulthood and eventual independence.

We can achieve this by ADHOC daily mentoring, and weekly structured key working sessions including monetary and budget advice, mini workshops around cooking, cleaning, personal hygiene, and offering life skills advice. Much of this is also achieved through pro social modelling and we have found this to be an excellent way of assisting young people to move through into adulthood. This is recorded within our milestones, admin system and evidenced in their independence folder. We have our own in-house independence programme which has been developed over 10 years and includes work sheets, role play, interactive games and you tube videos.

Healthcare Access: Ensuring access to healthcare services, including regular check-ups, vaccinations, and preventive care, promotes physical well-being and early intervention for any health concerns. Addressing medical needs promptly contributes to overall health and development.

We can achieve this by all our young people having access to comprehensive health care services, including routine check-ups, and treatment for acute and chronic conditions. We will facilitate access

to healthcare providers, register all our young people with dentists, doctors and optometrists. We will promote healthy lifestyle and behaviours including, nutrition, exercise and preventative care. This is further achieved through one-to-one mentoring and evidenced via our contact sheets, milestones form and initial profile checklist.

Recreational and Leisure Activities: Providing opportunities for recreational and leisure activities such as sports, arts and crafts, and outings. This encourages young people to explore their interests, develop hobbies, and enjoy a sense of normalcy and fun despite their circumstances.

We can achieve this by offering our young people access to leisure services within their locality. Offering them free access to libraries and relevant sports club and strive to create a supportive and inclusive environment where young people are encouraged to explore new interests and hobbies.

We are partnered with Fight Factory who is a local boxing gym that specialises in working with young people and troubled teens. We sponsor their young person's academy and they provide 1-1 and private group sessions for our young people to help with anger management, self-esteem and mental health.

Cultural and Spiritual Support: Transitions recognises and respects children's cultural backgrounds, traditions, and beliefs as we recognise this brings a sense of identity and belonging. We offer opportunities for cultural activities, celebrations, and religious observances, promotes cultural competence and understanding.

We can achieve this by respecting and celebrating our young people's cultural difference, backgrounds, traditions and beliefs, both within their living environment and the wider community. We will attempt to provide opportunities for spiritual enrichment, exploration and expression, in a supportive and inclusive manner.

Family Engagement and Reunification: Transitions recognise positive family relationships and reunification efforts when appropriate can contribute to young people's emotional well-being and long-term stability. Supporting family visits, counselling, and mediation services can strengthen family bonds and promote reunification goals.

We can achieve this by facilitating regular and meaningful contact between young people and relevant appropriate family members, that they would like such communication with. This can be done virtually or in person. We will also collaborate with other authorities to facilitate successful contact and family reunification, wherever appropriate.

Transitions take pride in our ability to build trusting relationships with the families of those we support and recognise the importance of families feeling included and up to date on the care of their child.

Advocacy and Empowerment: Transitions empower young people to participate in decision-making processes regarding their care and future plans, as we recognise this promotes a sense of agency and self-determination. Advocating for their rights, needs, and aspirations ensures their voices are heard and respected.

Transitions achieve this by encouraging our young people to participate in the decision-making process, regarding their support and goals. We will always encourage them to shape their own futures, whilst within our accommodation. We expect our staff to advocate on their behalf and offer to represent them within organisations such as educational institutions, healthcare, community institutions. This is monitored via our admin system TAS and reflected in support plans and monthly reports.

Overall, a combination of quantitative data, qualitative feedback, and mentor observational assessments provides a comprehensive picture of progress towards achieving positive outcomes for our young people. This will be done via an exit written survey. The results of which will be available to the placing authority both upon request and presented at final reviews. (see Transitions exit survey)

10. Promoting Independent Living Skills:

Through our independence programme, young people are supported in developing key life skills such as budgeting, cooking, time management, and decision-making. These skills are essential for their eventual full independence.

Transitions Supported living have structured programs in place to support the development of young peoples' independent living skills, tailored to their individual needs and capabilities and carry out a basic skills assessment on initial placement to inform the support planning process.

These programmes are evidenced through our Milestones programme and further endorsed through our key worker sessions. This is then documented on our admin system (TAS) which allows us to present, then assess and measure at review meetings or directly with our young people, to set new targets, or further encourage them to strive and achieve. Young People have customised independence folders which they can achieve up to £100 for completion (£10 per section completed)

Supporting the development of young people's independent living skills in line with their identified needs requires a tailored and holistic approach. Here are some arrangements that we put in place to facilitate this process:

Individualised Assessment: We conduct a basic skills assessment to identify each child's specific strengths, challenges, and developmental needs related to independent living skills. This assessment considers factors such as age, cognitive abilities, physical abilities, emotional maturity, and past experiences.

Goal Setting: Transitions collaborate with the young person, and relevant professionals to set personalised goals for developing independent living skills. These goals should be realistic, achievable, and aligned with the young person's interests, preferences, and long-term aspirations.

Structured Skill-Building Activities: Transitions provide structured opportunities for young people to practice and develop a range of independent living skills, including personal hygiene, meal preparation, household chores, time management, budgeting, and self-care. These activities can be incorporated into daily routines, recreational programs, and educational curriculum-Milestone programme.

Life Skills Training Programs: Transitions offer specialised life skills training programs or workshops that cover essential topics such as cooking, cleaning, laundry, grocery shopping, money management, transportation skills, and communication skills. These programs are interactive, hands-on, and tailored to the young person's developmental level and learning style.

One-on-One Support: Transitions assign dedicated support staff or mentors to work individually with young people who require additional assistance or guidance in developing independent living skills. This relates directly to our key worker sessions.

Community Integration: Transitions will wherever appropriate, facilitate opportunities for young people to practice independent living skills in real-life settings within the community, such as grocery stores, restaurants, public transportation, and recreational facilities. We encourage participation in

community-based activities and volunteer opportunities, to promote social interaction and confidence-building.

Transition Planning: Transitions develop individualised transition plans to prepare young people for the transition to adulthood and independent living. These plans address key areas such as housing options, employment readiness, further education or training, financial planning, healthcare access, and social support networks.

We also support our young people during solicitor appointments, and we often act as a 'bridge' with the Home Office Immigration and Borders Authority, relating to UASC applications and appeals.

Regular Monitoring and Feedback: Transitions continuously monitor young people's progress in developing independent living skills through ongoing assessments, observations, and feedback from significant family members, educators, and support staff. We regularly review goals, adjust strategies as needed, and celebrate achievements to maintain motivation and momentum.

By implementing these arrangements in a coordinated and young person-centred manner, our young people can gradually build the skills, confidence, and self-reliance needed to successfully navigate the challenges of independent living and achieve their full potential.

11. Entitlement and Rights

We have established clear arrangements to ensure that young people are fully aware of their entitlements throughout their stay, providing them with the necessary information and support to access available services and resources. Wherever possible we attempt to meet with young people prior to placement to discuss our expectation and to ascertain their requirements and perceptions of what the service will look like, this is our first opportunity to provide information regarding their entitlements and our service. Once accepted they will receive a living agreement which clearly outlines our expectation of their behaviour whilst living in the property, and what they can expect from Transitions. They will have the opportunity at this point to discuss the contents and its implications for their journey with us, they will also receive an abbreviated version of this statement of purpose in a young person friendly format (as this is a new revised document we will be engaging the young people to be involved in creating the young person version). We will take into consideration the young person's age, language, mental health status and overall ability to understand the contents and where necessary we will encourage the local authority to provide interpretation services.

Regular meetings will be conducted with the young person and where possible all other stakeholders to discuss their need and aspirations. In these meetings they will be encouraged to voice their opinions themselves or through and interrupter as to ensure that they feel the decision-making process is inclusive.

12. Support for Educational and Career Progress:

We actively encourage and support young people in exploring education, training, and employment opportunities. Staff members work closely with young people to set achievable goals and connect them with the resources needed to succeed. We work in partnership Gloucestershire Youth Support Services who allocate a NEET worker if required.

13. Health and Well-being:

In addition to emotional support, we ensure that young people have access to healthcare services and mental health support as needed. Our safeguarding policies include measures for supporting young people to take medication if prescribed and protect the mental and physical well-being of all young people in our care.

The following is an outline of the arrangements and policies we utilise to focus on protecting and promoting their mental and physical needs:

Comprehensive Health Assessments: Transitions work closely with Gloucestershire's nurse for children in care and facilitate the young person's child in care health review. This includes physical health, mental health, and any ongoing medical needs. These assessments are carried out by qualified healthcare professionals and documented in the young person's records.

Access to Healthcare Services: Transitions ensure that our young people have access to a range of healthcare services, including primary care, mental health support, dental care, opticians and specialist services as needed. We provide information and assistance to help young people navigate the healthcare system and access appropriate services.

Medication Management: Transitions do not administer medication; however, we do accept that some young people within our service may have prescribed medication that requires monitoring if any risks are identified. To that end it is important that their medication is stored securely and staff prompt the young person to take medication as prescribed. Transitions are aware of what the arrangements regarding young people's involvement with medical, and health care professionals are, as well as any protocols with pharmacies. Although we encourage our young people to inform us if they are in receipt of ongoing prescriptions for medicines, we also accept that this is a private area, and that young people can be reluctant to disclose issues around medication. Our interest, however, is merely to ensure that our young people are safe, and medicating in an appropriate and safe manner.

We acknowledge the various legislation in this area (Data Protection Act 2018, and Access to Health Records Act 1991)

Transitions encourage young people to maintain accurate records of their administration of medication, including dosage, frequency, and any feelings of side effects or reactions.

Handling of Medical Emergencies: Transitions have established protocols for handling medical emergencies involving our young people, including procedures for assessing and responding to urgent medical needs. We ensure that staff are trained in first aid, CPR, and emergency response protocols, to provide prompt and appropriate assistance in case of emergencies.

We maintain emergency contact information for our young people, including next of kin, healthcare providers, and emergency services, to facilitate timely communication and coordination during emergencies.

Mental Health Support: Transitions provide access to mental health support services for young people through their appointed GP, or with prior consultation with the placing authority. Transitions may deem it necessary to refer directly to CAMH's. This would be evidenced and documented in our contact forms which would be shared with the placing authority social worker.

We will ensure that our young people have opportunities to discuss their mental health concerns in a safe and confidential environment.

Transitions have developed procedures for identifying, assessing, and responding to mental health needs among young people, including risk assessments, and referral to specialist services.

Promotion of Healthy Lifestyles: Transitions promote healthy lifestyles and well-being among young people through education, information, and support. We offer guidance on nutrition, physical activity, sleep hygiene, substance misuse, prevention, and stress management techniques. Transitions provide opportunities for young people to engage in recreational activities, sports, and leisure pursuits that promote physical health, social interaction, and emotional well-being.

Record Keeping and Documentation: Transitions maintain accurate and up-to-date records of our young people's health assessments, medical histories, treatment plans, and medication records. We ensure that records are stored securely on TAS and are accessible only to authorised personnel.

We document any incidents, injuries, or medical concerns involving young people, including the actions taken, referrals made, and follow-up plans. This is documented on TAS, incidents reports and accident logs. Any issues flagged are forwarded to the placing authority social worker and healthcare professional if relevant.

Training and Staff Development: Transitions provide training and ongoing professional development for staff members responsible for mentoring of young people. Transitions staff complete First Aid Appointed Person as part of their induction, and all staff complete Mental Health First Aid training via MHFA England. This training covers topics such as handling medical emergencies and recognising signs of mental distress.

Consultation and Collaboration: Transitions collaborate with healthcare providers, mental health professionals, social workers, and other relevant stakeholders to develop and implement policies and procedures for protecting and promoting the mental and physical needs of young people.

We seek input from young people themselves in the development of policies and procedures, ensuring that their perspectives, preferences, and concerns are considered.

By implementing the arrangements and procedures, our young people will receive the support, and interventions necessary to protect and promote their mental and physical well-being as they transition to independence.

14. Cultural, Linguistic, and Religious Support:

We respect and support the cultural, linguistic, and religious needs of each young person. Our staff are trained in delivering care that is sensitive to these needs, ensuring an inclusive and supportive environment for all. At Transitions we celebrate and embrace the unique identities of our young people. We are deeply committed to supporting young people from diverse cultural backgrounds by encourage an inclusive environment that respects and celebrates their unique identities. We actively engage with community leaders and cultural organizations such as GARAS (Gloucestershire Action for Refugees and Asylum Seekers) to understand the specific needs and values of different groups.

15. Complaints Policy:

Any young person or parent who has concerns about our service can access our complaints procedure, which ensures that all complaints are handled promptly and fairly. Contact details for raising complaints are provided upon admission to the home.

16. Child Protection Policy:

All staff members are trained in child protection policies, which are designed to ensure that young people are protected from harm. Our designated safeguarding lead oversees the implementation and review of these policies, ensuring compliance with best practices.

All staff complete CPIA Level 3 training via ME learning provided by GSCP (Gloucestershire Safeguarding Children Partnership).

This statement of purpose is available to all relevant stakeholders upon request, including staff, young people, parents, and local authorities and can be found on our website. Transitions Supported Living review this document regularly in compliance with Regulation 9 and will notify the relevant authorities of any revisions. Our supported living accommodation operates consistently with our stated purpose, prioritising the well-being and development of the young people we work with.