



On Saturday 28<sup>th</sup> October some of you went to the 'Severed' Salvation Z Halloween event at Gloucester Prison and had a good time by all accounts!

## What's new?



**Possession of nitrous oxide is now illegal** with repeat serious users facing up to 2 years in prison and dealers up to 14 years. The ban, promised as part of the government's Anti-Social Behaviour Action Plan, makes nitrous oxide a Class C drug controlled under the Misuse of Drugs Act 1971. This means possession of nitrous oxide, where a person intends to wrongfully inhale it for a psychoactive effect, is now an offence.

**Consequences could include an unlimited fine, a visible community punishment, a caution (which would appear on their criminal record) and for repeat serious offenders, a prison sentence.**



**Keren has 2 free guest passes every month at Everlast Gym which has also has a steam room and swimming pool so if you fancy trying it out, let Staff know**



**This is a FREE UK wide phonenumber for when you are walking alone. Someone will stay on the phone until you are home safe.**

**Did you know.....?**

Gloucester has excellent resources for young people and there are 2 organisations that are the GO-TO places for everything you need to know or get help with



1. Gloucestershire Youth Support Team, check out their website. They also produce



which is a monthly newsletter covering Apprenticeships, Jobs and Training Courses.



2. Young Gloucestershire, check out their website - they also deliver The Princes Trust programmes.



It's important that while you are in the Care system, you get everything you are entitled to (e.g I.D - passport, driving licence, driving lessons, clothing allowances. It may also be worth considering that if you

get a job, you will get wages as well as your subs until you are 18!

.....Win/Win!



**We are a Gloucestershire based charity whose mission is to transform young people's lives through music.**

**We're specialists in working with young people in challenging circumstances to help them reach their full potential in music, learning and in life.**