

Newsletter Autumn 2022



Dear All,



If you would like to get vaccinated, there is a **JabVan** in the grounds of Gloucester Hospital which is open monthly.

What's New ? On Thursday 6th October we booked a boxing session at the Fight Factory which was attended by 3 young people. They really enjoyed it, so we have booked another 4 sessions from 13th October until 3rd November. These sessions cost TSL £70 a time so we are glad that you are enjoying them and have made the effort to attend.



On Friday 21st October we had a fun evening pumpkin carving @ Elmira Road.

We now have an Activity Jar which is full of exciting activities that U can do to stop U getting bored.



We have 6 tickets for FRIGHTMARE on FRIDAY 28th October so let Staff know ASAP to secure your place

It's important that while you are in the Care system, you get everything you are entitled to. It may also be worth considering that if you get a job, you will get wages as well as your subs until you are 18!
..... Win/Win!



Keren has 2 FREE Guest passes each month at Everlast Gym which has a pool, steam room and Jacuzzis plus a fully equipped gym and exercise classes so if anyone wants to go, let her know and check out the class timetable online

ALL 4 U

If you are lying in bed all day, hanging around the streets at night, wasting Police time by not coming back B4 UR curfew, smoking weed or doing any of the other things young people of your age are doing..... WAKE UP and realise that YOU could be doing something BETTER with UR time. There are LOADS of opportunities for you to train, earn money, get experience, meet new people and BECOME the best version of U!



* CHORZ on the DOORZ *****

Communal living means sharing spaces with others and that also includes cleaning. In the future you may live in a shared house and the cleaning will need to be sorted!

In each house we have a cleaning rota for the communal areas split into 4 areas.

The exact chore will be stuck on your door and it's up to you to get it done during the week. Once you've done it, let Staff know so it can be signed off.

We are now going to be offering an incentive to get this going, £5 voucher for each set of Chorez you do and if you do it for the whole month then there is an extra £5 voucher with the potential to earn £25!

This will be rewarded as Love2shop vouchers so you can use them in loads of places or even for Christmas presents etc.

In case you don't know.....petrol and food prices are rising, taxes are increasing, and wages are stagnant. Energy costs are through the roof so although this may not concern YOU right now, it affects US so please do not waste any electricity by leaving lights on etc and please don't leave the heating on all day if you are out (Training Flats).



YOUTH
CAN
DO IT

New 12-week programmes starting on 5th and 12th December which includes a Residential in Wales. This programme CHANGES lives so if you're not doing anything, GET ON IT NOW! It also looks good on your C.V

